



AMALA COLLEGE OF NURSING

Amala Nagar P.O, Thrissur

MOTTO: सुखार्था: सर्वभूतानां

PREFACE

Amala Institute of Medical Sciences, named after Mary Immaculate, is a Minority Christian Institution, which is open to all irrespective of religion, caste or creed. It aims at giving effective training to the youth to become nursing professionals devoted to the healing ministry, especially in the rural areas. It also strives to strengthen the quality of service offered in the large number of medical institutions run by the community. AIMS is a Unit of Amala Cancer Hospital Society managed by the Devamatha Province of the Carmelites of Mary Immaculate (CMI), founded by St. Kuriakose Elias Chavara, a sage-cum-savant. Amala, at present, offers MBBS, Medical PG courses, Ph.D. Nursing, M.Sc. Nursing and B.Sc. Nursing courses and is affiliated to the Kerala University of Health Sciences. Students are admitted to this institute as per the admission procedure stipulated by the concerned authorities and in the tenor of the admission policy of the management.

Principal

"The day on which you have not done any good to others, will not be counted in the ledger of your Book of Eternal Life"

St. Kuriakose Elias Chavara

COLLEGE CALENDAR - 2024

MANAGEMENT

1. Rev. Fr. Julious Arakkal CMI

2. Rev. Fr. Antony Perinchery CMI

3. Rev. Fr. Jaison Mundanmany CMI

4. Rev. Fr. Shibu Puthenpurackal CMI

5. Rev. Fr. Deljo Puthoor CMI

6. Rev. Fr. Antony Mannummel CMI

- Director

- Joint Director

- Joint Director

- Joint Director

- Joint Director

- Associate Director

COLLEGE ADMINISTRATION

1. Prof. Dr. Rajee Reghunath

2. Sr. Litha Lizbeth FCC

- Principal

- Vice Principal

AMALA MEDICAL COLLEGE

1. Dr. Betsy Thomas

2. Dr. Rajesh Anto

3. Sr. Likhitha MSJ (Sherly George)

4. Mrs. Lekshmi M.

5. Sr. Tessa Jose SCV

- Principal

- Medical Superintendent

- Chief Nursing Officer

- Nursing Superintendent

- Nursing Superintendent

HEADS OF DEPARTMENTS

1. Prof. Lakshmi. G, M.Sc. (N)

2. Dr. Ambika C, M.Sc.(N), PhD

3. Sr. Litha Lizbeth FCC, M.Sc. (N)

4. Dr. Sr. Merly John, M.Sc. (N), PhD

5. Sr. Jyothish, M.Sc. (N)

6. Mrs. Chanlin Chacko, M.Sc. (N)

7. Sr. Moly Thomas, M.Sc. (N)

- Adult Health Nursing

- Mental Health Nursing

- Obstetrics and Gynecological Nursing

- Community Health Nursing

- Foundations of Nursing

- Child Health Nursing

- Additional HOD, Adult Health Nursing

COLLEGE CALENDAR - 2024

IN-CHARGES

1. General Warden, Hostels - Rev. Fr. Julious Arakkal CMI 2. Assistant Warden, Little Flower Hostel - Sr. Litha Lizbeth FCC (Princy C.J), M.Sc. (N) 3. Assistant Warden, College Hostel - Sr. Maria (Tincy Abraham), M.Sc. (N) 4. Assistant Warden, Ayurvedha Hostel - Sr. Moly Thomas, M.Sc. (N) 5. Ph.D. Co-ordinator - Dr. Sr. Merly John(Molly John), M.Sc. (N), PhD 6. P.G. Co-ordinator - Dr. Ambika C, M.Sc. (N), PhD 7. U.G. Co-ordinator - Mrs. Chanlin Chacko, M.Sc. (N) 8. Foundations of Nursing Lab - Mrs. Rosariyo Anto, M.Sc. (N) - Mrs. Aswathy Gopi, M.Sc. (N) 9. Computer Lab 10. Community Lab - Mrs. Rinu David, M.Sc. (N) 11. Nutrition Lab - Mrs. Maria E. J, M.Sc. (N) 12. Maternity Lab - Mrs. Aneesha V.B, M.Sc. (N) - Sr. Grace Maria (Sheela C. D), M.Sc. (N) 13. Paediatric Nursing Lab 14. Advanced Clinical Lab - Ms. Rosariyo Anto., M.Sc. (N) 15. A.V. Aids - Mrs. Krishnaja M Unnikrishnan, M.Sc. (N) 16. NSS Programme Officer - Mr. Don Jose K, M.Sc. (N) 17. S.N.A. Advisor - Mrs. Shaly Joseph Pullan, M.Sc. (N) 18. Staff Editor - Dr. Ambika C, M.Sc. (N), PhD 19. Tutorial Classes Co-ordinator - Sr. Grace Maria (Sheela C D), M.Sc. (N) 20. Ward Articles - Mrs. Shilsa James, M.Sc. (N) 21. Librarian - Mrs. Gladis George .C - Mr. Devis K. O. 22. Library Assistant - Mrs. Marvland P. F. 23. IQAC Co-ordinator - Prof. Lakshmi G, M.Sc.(N) 24. SMC (Social Media Chairperson) - Mr. Don Jose. K, M.Sc. (N) 25. Class Teachers: • 2023 Batch - M.Sc. (N) - Dr. Sr. Merly John (Molly John), M.Sc.(N), PhD • 2022 Batch - M.Sc. (N) - Sr. Litha Lizbeth (Princy C.J), M.Sc. (N) - Dr. Ambika C, M.Sc.(N), PhD • 2023 Batch – B.Sc. (N) - Sr. Tincy Abraham, M.Sc. (N) - Sr. Jyothish CSC, M.Sc. (N) 2022 Batch – B.Sc. (N) • 2021 Batch - B.Sc. (N) - Mrs. Rinu David, M.Sc.(N) - Mrs. Linda Varghese, M.Sc.(N) • 2020 Batch - B.Sc. (N) 26. Students Health - Tincy Abraham (Sr. Maria), M.Sc. (N) 27. Staff Welfare - Mrs. Surya K, M.Sc. (N) 28. Value Education Co-ordinator - Sr. Litha Lizbeth (Princy C.J), M.Sc. (N) 29. CNE. Research Cell - Mrs. Rinu David, M.Sc. (N) 30. Placement Cell - Sr. Moly Thomas, M.Sc. (N) 31. SNA Cupboard - Sr. Grace Maria (Sheela C. D), M.Sc. (N) 32. Alumni Association - Mrs. Rosariyo Anto, M.Sc. (N) 33. Staff Advisor - Sr. Jyothish CSC (Shaji E. J), M.Sc. (N) 34. Student's support and guidance - Sr. Moly Thomas, M.Sc. (N) - Mrs. Bincy A. P, M.Sc.(N) - Tincy Abraham (Sr. Maria) M.Sc.(N)

- Mrs. Lekshmi M.

35. Preceptorship Programme



JANUARY

| 1 | MON | | |
|----|-----|---|---|
| 2 | TUE | | |
| 3 | WED | | Feast of St. Kuriakose Elias Chavara : Founder of CMI Congregation |
| 4 | THU | | First Sessional Exam of M.Sc. Nursing – 2023 Batch |
| 5 | FRI | | |
| 6 | SAT | | |
| 7 | SUN | Н | |
| 8 | MON | | ANP Practical of First year M.Sc. Nursing 2023 batch Commences First Sessional Exam of First Semester 2023 batch / Clinical Posting of First Semester Commence: |
| 9 | TUE | | |
| 10 | WED | | |
| 11 | THU | | |
| 12 | FRI | | |
| 13 | SAT | | Working Day |
| 14 | SUN | Н | |
| 15 | MON | | Third year B.Sc. Nursing Regular Examination Revision and Model Exam of Fourth Semester B.Sc. Nursing – 2022 batch |
| 16 | TUE | | |
| 17 | WED | | |
| 18 | THU | | |
| 19 | FRI | | Protocol Presentation of PhD Scholars 2022 batch expected |
| 20 | SAT | | |
| 21 | SUN | Н | |
| 22 | MON | | Second year M.Sc. Nursing Regular Examination |
| 23 | TUE | | |
| 24 | WED | | |
| 25 | THU | | DC Meeting of PhD 2023 batch |
| 26 | FRI | Н | REPUBLIC DAY |
| 27 | SAT | Н | |
| 28 | SUN | Н | |
| 29 | MON | | |
| 30 | TUE | | Gandhi Samadhi / World Leprosy Day |
| 31 | WED | | |



FEBRUARY

| 1 | THU | | Study holidays of IV Semester B.Sc. Nursing 2021 batch |
|----|-----|---|--|
| 2 | FRI | | |
| 3 | SAT | | SNA handing over ceremony |
| 4 | SUN | Н | World Cancer Day |
| 5 | MON | | Commencement of Fourth year B.Sc. Nursing class of 2020 batch First Sessional Exam of Third Semester B.Sc. Nursing 2022 batch |
| 6 | TUE | | · |
| 7 | WED | | |
| 8 | THU | | |
| 9 | FRI | | |
| 10 | SAT | Н | |
| 11 | SUN | Н | |
| 12 | MON | | Commencement of University exam of Fourth Semester B.Sc. Nursing 2021 batch |
| 13 | TUE | | • |
| 14 | WED | | |
| 15 | THU | | |
| 16 | FRI | | |
| 17 | SAT | | |
| 18 | SUN | Н | |
| 19 | MON | | Commencement of Fifth Semester of B.Sc. Nursing of 2021 batch |
| 20 | TUE | | |
| 21 | WED | | |
| 22 | THU | | |
| 23 | FRI | | |
| 24 | SAT | | |
| 25 | SUN | Н | |
| 26 | MON | | First Sessional Exam of Second year M.Sc. Nursing 2022 batch |
| 27 | TUE | | |
| 28 | WED | | National Science Day |
| 29 | THU | | |



MARCH

| 1 | FRI | | Second Sessional Exam of First Semester B.Sc. Nursing 2023 batch |
|----|-----|---|---|
| 2 | SAT | | |
| 3 | SUN | Н | |
| 4 | MON | | |
| 5 | TUE | | |
| 6 | WED | | |
| 7 | THU | | Last Working day of Second year M.Sc. Nursing 2021 Batch PTA Meeting of First Semester 2023 Batch |
| 8 | FRI | Н | SHIVARATHRI |
| 9 | SAT | Н | |
| 10 | SUN | Н | |
| 11 | MON | | First Sessional Exam of Fourth year B.Sc. Nursing 2020 batch |
| 12 | TUE | | |
| 13 | WED | | |
| 14 | THU | | |
| 15 | FRI | | |
| 16 | SAT | | |
| 17 | SUN | Н | |
| 18 | MON | | Nursing Education Practical of First year M.Sc. Nursing 2023 batch commences |
| 19 | TUE | | |
| 20 | WED | | |
| 21 | THU | | |
| 22 | FRI | | |
| 23 | SAT | | |
| 24 | SUN | Н | |
| 25 | MON | | Second Sessional Exam of First year M.Sc. Nursing 2023 batch Revision and Model exam of First Semester 2023 Batch |
| 26 | TUE | | |
| 27 | WED | | |
| 28 | THU | Н | MAUNDY THURSDAY |
| 29 | FRI | Н | GOOD FRIDAY |
| 30 | SAT | Н | |
| 31 | SUN | Н | EASTER |



APRIL

| 1 | MON | | Commencement of Clinical Posting of IV year B.Sc. Nursing 2020 batch |
|----|-----|---|---|
| 2 | TUE | | |
| 3 | WED | | Second Sessional Exam of third semester B.Sc. Nursing 2022 batch |
| 4 | THU | | |
| 5 | FRI | | |
| 6 | SAT | | Proposal Presentation of First year M.Sc. Nursing 2023 batch |
| 7 | SUN | Н | |
| 8 | MON | | Commencement of Study holidays of first semester B.Sc. Nursing 2023 batch Clinical Posting of fifth Semester B.Sc. Nursing 2021 batch commences |
| 9 | TUE | | |
| 10 | WED | Н | EID UL FITR* |
| 11 | THU | | |
| 12 | FRI | | |
| 13 | SAT | Н | |
| 14 | SUN | Н | VISHU |
| 15 | MON | | Clinical Specialty posting of first year M.Sc. Nursing 2023 batch commences |
| 16 | TUE | | |
| 17 | WED | | World Haemophilia Day Commencement of university exam of first semester B.Sc. Nursing 2023 batch |
| 18 | THU | | First year M.Sc. Nursing Supplementary Exam |
| 19 | FRI | | |
| 20 | SAT | | |
| 21 | SUN | Н | |
| 22 | MON | | World Earth Day Revision and model exam of Third semester B.Sc. Nursing 2022 batch |
| 23 | TUE | | |
| 24 | WED | | |
| 25 | THU | | |
| 26 | FRI | | World Intellectual Property Day |
| 27 | SAT | | |
| 28 | SUN | Н | |
| 29 | MON | | Commencement of Second Semester Class for B.Sc. Nursing 2023 batch Study Holidays of Third Semester B.Sc. Nursing 2022 batch |
| 30 | TUE | | |

^{*}or as per government notification



MAY

| 1 | WED | Н | MAY DAY |
|----|-----|---|---|
| 2 | THU | | First Sessional exam of fifth semester B.Sc. Nursing 2021 batch |
| 3 | FRI | | |
| 4 | SAT | | |
| 5 | SUN | Н | |
| 6 | MON | | |
| 7 | TUE | | Commencement of University exam of Third semester B.Sc. Nursing 2022 batch |
| 8 | WED | | |
| 9 | THU | | |
| 10 | FRI | | PTA General Body Meeting |
| 11 | SAT | Н | |
| 12 | SUN | Н | |
| 13 | MON | | Second year M.Sc. Nursing Supplementary Exam University Practical exam of Third Semester B.Sc. Nursing 2022 batch |
| 14 | TUE | | |
| 15 | WED | | Graduation Ceremony of 2019 batch |
| 16 | THU | | |
| 17 | FRI | | World Hypertension Day |
| 18 | SAT | | |
| 19 | SUN | Н | |
| 20 | MON | | Fourth Semester Class of 2022 batch commences |
| 21 | TUE | | |
| 22 | WED | | |
| 23 | THU | | |
| 24 | FRI | | |
| 25 | SAT | | |
| 26 | SUN | Н | |
| 27 | MON | | Second Sessional exam of second year M.Sc. Nursing 2022 batch |
| 28 | TUE | | |
| 29 | WED | | |
| 30 | THU | | |
| 31 | FRI | | World No Tobacco Day |



JUNE

| 1 | SAT | | |
|----|-----|---|---|
| 2 | SUN | Н | |
| 3 | MON | | First Sessional Exam of Second Semester B.Sc. Nursing 2023 batch |
| 4 | TUE | | |
| 5 | WED | | World Environment Day |
| 6 | THU | | |
| 7 | FRI | | |
| 8 | SAT | Н | |
| 9 | SUN | Н | |
| 10 | MON | | |
| 11 | TUE | | |
| 12 | WED | | |
| 13 | THU | | |
| 14 | FRI | | World Blood Donors Day |
| 15 | SAT | | Submission of research proposal of First year M.Sc. Nursing to University |
| 16 | SUN | Н | |
| 17 | MON | Н | BAKRID* |
| 18 | TUE | | |
| 19 | WED | | |
| 20 | THU | | |
| 21 | FRI | | International Yoga Day |
| 22 | SAT | | |
| 23 | SUN | Н | |
| 24 | MON | | Second Sessional exam of fifth semester B.Sc. Nursing 2021 batch |
| 25 | TUE | | |
| 26 | WED | | |
| 27 | THU | | |
| 28 | FRI | | |
| 29 | SAT | | |
| 30 | SUN | Н | |

^{*} or as per government notification



JULY

| 1 | MON | | |
|----|-----|---|---|
| 2 | TUE | | |
| 3 | WED | Н | ST. THOMAS DAY |
| 4 | THU | | |
| 5 | FRI | | |
| 6 | SAT | | |
| 7 | SUN | Н | |
| 8 | MON | | |
| 9 | TUE | | |
| 10 | WED | | |
| 11 | THU | | |
| 12 | FRI | | |
| 13 | SAT | Н | |
| 14 | SUN | Н | |
| 15 | MON | | |
| 16 | TUE | Н | MUHARAM* |
| 17 | WED | | |
| 18 | THU | | |
| 19 | FRI | | |
| 20 | SAT | | Submission of research dissertation of Second Year M.Sc. Nursing 2022 batch |
| 21 | SUN | Н | |
| 22 | MON | | Revision and model exam of fifth semester B.Sc. Nursing 2021 batch |
| 23 | TUE | | |
| 24 | WED | | |
| 25 | THU | | |
| 26 | FRI | | |
| 27 | SAT | | |
| 28 | SUN | Н | World Hepatitis Day |
| 29 | MON | | First Sessional Exam of fourth semester B.Sc. Nursing 2022 batch |
| 30 | TUE | | DC meeting of PhD 2023 batch |
| 31 | WED | | |

^{*} or as per government notification



AUGUST

| 1 | THU | | |
|----|-----|---|---|
| 2 | FRI | | |
| 3 | SAT | | Study holidays of fifth semester B.Sc. Nursing 2021 batch |
| 4 | SUN | Н | |
| 5 | MON | | |
| 6 | TUE | | |
| 7 | WED | | |
| 8 | THU | | |
| 9 | FRI | | |
| 10 | SAT | Н | |
| 11 | SUN | Н | |
| 12 | MON | | Second Sessional exam of fourth year B.Sc. Nursing 2020 batch Commencement of University exam of fifth semester B.Sc. Nursing 2021 batch |
| 13 | TUE | | |
| 14 | WED | | |
| 15 | THU | Н | INDEPENDENCE DAY |
| 16 | FRI | | |
| 17 | SAT | | |
| 18 | SUN | Н | |
| 19 | MON | | Second Sessional exam of Second Semester B.Sc. Nursing 2023 batch |
| 20 | TUE | | Sree Narayana Guru Jayanthi |
| 21 | WED | | Third Sessional exam of II year M.Sc. Nursing 2022 batch |
| 22 | THU | | |
| 23 | FRI | | |
| 24 | SAT | | |
| 25 | SUN | Н | |
| 26 | MON | Н | SRI KRISHNA JAYANTHI / Staff Tour |
| 27 | TUE | | Commencement of sixth semester B.Sc. Nursing 2021 batch |
| 28 | WED | | |
| 29 | THU | | |
| 30 | FRI | | |
| 31 | SAT | | |



SEPTEMBER

| 1 | SUN | Н | |
|----|-----|---|---|
| 2 | MON | | Model exam of Second year M.Sc. Nursing 2022 batch |
| 3 | TUE | | |
| 4 | WED | | |
| 5 | THU | | Teachers Day |
| 6 | FRI | | |
| 7 | SAT | | |
| 8 | SUN | Н | |
| 9 | MON | | |
| 10 | TUE | | Third sessional exam of First year M.Sc. Nursing 2023 batch |
| 11 | WED | | |
| 12 | THU | | Revision and model exam of second semester B.Sc. Nursing 2023 batch |
| 13 | FRI | | Onam Programme |
| 14 | SAT | Н | FIRST ONAM |
| 15 | SUN | Н | THIRUVONAM |
| 16 | MON | Н | MILAD UL NABI* |
| 17 | TUE | Н | |
| 18 | WED | Н | |
| 19 | THU | Н | |
| 20 | FRI | Н | |
| 21 | SAT | Н | SREE NARAYANA GURU SAMADHI |
| 22 | SUN | Н | |
| 23 | MON | | |
| 24 | TUE | | |
| 25 | WED | | |
| 26 | THU | | |
| 27 | FRI | | |
| 28 | SAT | | |
| 29 | SUN | Н | World Heart Day |
| 30 | MON | | Second sessional exam of Fourth semester B.Sc. Nursing 2022 batch |

^{*} or as per government notification



OCTOBER

| 1 | TUE | | International Day of Older Persons |
|----|-----|---|--|
| 2 | WED | Н | GANDHI JAYANTI |
| 3 | THU | | |
| 4 | FRI | | |
| 5 | SAT | | |
| 6 | SUN | Н | |
| 7 | MON | | Commencement of model exam of first year M.Sc.Nursing exam 2023 batch Study holidays of second semester B.Sc. Nursing 2023 batch |
| 8 | TUE | | , , |
| 9 | WED | | |
| 10 | THU | | |
| 11 | FRI | | College union election expected |
| 12 | SAT | Н | MAHANAVAMI |
| 13 | SUN | Н | VIJAYADASHAMI |
| 14 | MON | | Commencement of study holidays of first year M.SC. Nursing 2023 batch |
| 15 | TUE | | Commencement of Second Semester exam of 2023 batch |
| 16 | WED | | |
| 17 | THU | | Arts Day |
| 18 | FRI | | |
| 19 | SAT | | |
| 20 | SUN | Н | |
| 21 | MON | | Commencement of Second Semester Practical Exam of 2023 batch |
| 22 | TUE | | |
| 23 | WED | | First year M.Sc. Nursing University exam is expected for 2023 batch |
| 24 | THU | | |
| 25 | FRI | | |
| 26 | SAT | | Course Work of PhD 2023 batch ends |
| 27 | SUN | Н | |
| 28 | MON | | Commencement of Third Semester of 2023 batch Revision and model exam of fourth semester B.Sc. Nursing 2022 batch |
| 29 | TUE | | First sessional exam of sixth semester B.Sc. Nursing 2021 batch |
| 30 | WED | | |
| 31 | THU | Н | DEEPAVALI |
| | | | |



NOVEMBER

| 1 | FRI | | All Saints Day / Kerala Piravi Vidhyarambham of B.Sc. Nursing 2024 batch and M.Sc. Nursing 2024 batch |
|----|-----|---|--|
| 2 | SAT | | Induction course for B.Sc. Nursing 2024 batch |
| 3 | SUN | Н | |
| 4 | MON | | Second year M.Sc. Nursing Class of 2023 batch starts Study Holidays of fourth semester B.Sc. Nursing 2022 batch |
| 5 | TUE | | |
| 6 | WED | | |
| 7 | THU | | |
| 8 | FRI | | |
| 9 | SAT | Н | |
| 10 | SUN | Н | |
| 11 | MON | | Commencement of Second year M.Sc. Nursing University Exam 2022 batch University exam of Fourth Semester B.Sc. Nursing 2022 batch |
| 12 | TUE | | |
| 13 | WED | | Year end exam of PhD 2023 batch expected |
| 14 | THU | | |
| 15 | FRI | | |
| 16 | SAT | | Sports day |
| 17 | SUN | Н | |
| 18 | MON | | Commencement of practical exam of Second year M.Sc. Nursing 2022 batch Third Sessional exam of fourth year B.Sc. Nursing 2020 batch |
| 19 | TUE | | |
| 20 | WED | | |
| 21 | THU | | College Day / Magazine Release |
| 22 | FRI | | |
| 23 | SAT | | |
| 24 | SUN | Н | |
| 25 | MON | | Commencement of Fifth Semester of B.Sc. Nursing 2022 batch |
| 26 | TUE | | |
| 27 | WED | | |
| 28 | THU | | |
| 29 | FRI | | |
| 30 | SAT | | |



DECEMBER

| 1 | SUN | Н | |
|----|-----|---|---|
| 2 | MON | | Revision and model exam of Fourth year B.Sc. Nursing 2020 batch |
| 3 | TUE | | |
| 4 | WED | | |
| 5 | THU | | |
| 6 | FRI | | Last working day of M.Sc. Nursing 2022 batch |
| 7 | SAT | | |
| 8 | SUN | Н | |
| 9 | MON | | |
| 10 | TUE | | First Sessional exam of Third Semester B.Sc. Nursing 2023 batch |
| 11 | WED | | |
| 12 | THU | | |
| 13 | FRI | | Second Sessional exam of sixth semester B.Sc. Nursing 2021 batch |
| 14 | SAT | | Working Day |
| 15 | SUN | Н | |
| 16 | MON | | |
| 17 | TUE | | |
| 18 | WED | | |
| 19 | THU | | |
| 20 | FRI | | Christmas Program and Talents day of B.Sc. Nursing 2024 batch |
| 21 | SAT | | Study holidays of Fourth year B.Sc. Nursing 2020 batch |
| 22 | SUN | Н | |
| 23 | MON | Н | |
| 24 | TUE | Н | Christmas Eve |
| 25 | WED | Н | CHRISTMAS |
| 26 | THU | Н | |
| 27 | FRI | Н | NSS Camp |
| 28 | SAT | Н | |
| 29 | SUN | Н | |
| 30 | MON | | Research Data Collection of II year M.Sc. Nursing 2023 batch students |
| 31 | TUE | | Last working day of B.Sc. Nursing 2020 batch |